

Prayer for Serenity

God grant me
the serenity
to accept the things
I cannot change,
the courage to change
the things I can,
and the wisdom
to know the difference.

Reinhold Niebuhr

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 @stvincentsprivatehospitalnorthside



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Spiritual Care Services

We are here for you



**ST VINCENT'S
PRIVATE HOSPITAL**
NORTHSIDE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

UNDER THE STEWARDSHIP OF MARY AIKENHEAD MINISTRIES

J3469 V4 11/20

Our mission

As a Catholic healthcare service, our mission is to bring God's love to those in need through the healing ministry of Jesus. We are especially committed to supporting people who are poor and vulnerable.

Our vision

We lead through research-driven, excellent and compassionate care.

Coming into hospital is a unique experience for each of us. It can be a time of anxiety and uncertainty and can evoke deep questions, strong reactions and emotions. Thoughts, persistent worries and interpersonal issues have a significant effect on a person's health. Every person has an individual way of finding connection, meaning and purpose – an inner world or personal spirituality.

When in hospital, you may find yourself thinking deeply about your life and what is important to you.

Being cared for in a Catholic hospital

At St Vincent's Private Hospital Northside, we faithfully reflect the healing ministry of Jesus.

We provide holistic and integrated support for the spiritual, emotional and physical needs of every person.

The Code of Ethical Standards for Catholic Health Care and the principle of deep respect for human life and dignity underpins our relationships, choices, discernment and decision-making.

We are alert to God's presence in vulnerability and illness, in relationships of family and friends, in everyday experiences and in the calm atmosphere of our Hospital.

Our Catholic identity and Christian tradition of affirming life, promoting justice and offering hope are expressed in religious symbols, celebrations and spaces set aside for prayer and reflection.

We are an inclusive community of people who are sensitive to and honour the values, beliefs and faith traditions of others.

Our Values

Our four core values are compassion, justice, integrity and excellence.

Spiritual Care

An integrated and holistic approach to spiritual care concerns the wellbeing of the whole person. Through therapeutic and supportive processes, spiritual care facilitates resilience, empowerment and healing.

Spiritual Care Service

As an integral part of our interdisciplinary care team, our Spiritual Care Practitioners offer a unique service.

Our spiritual care service includes:

- emotional support, encouragement and empowerment during times of trauma, fear, anxiety, deep hurt, anger, stress, isolation and celebrations
- compassionate, active and sustaining presence in times of change, major loss and grief
- spiritual nourishment and support including prayer, reflection, blessing, chaplaincy support, sacramental support, counselling and other therapeutic processes such as mindfulness, meditation and art therapy
- advocacy and clarification of choice during times of decision-making, ethical dilemma, confusion, crisis or relationship conflict
- information, tools, resources and referral processes to help negotiate systems of assistance.

Visitations

Our team of Spiritual Care Practitioners are available to support you during your hospitalisation. You may find it helpful to speak to them if you feel lonely, isolated or anxious and need someone to listen. If you would like to request a visit, please call 07 **3326 3453** or ask your nurse to contact them on your behalf.

A Catholic priest is available upon request for sacramental ministry such as Holy Communion, Anointing of the Sick and Reconciliation. Chaplains or ministers of other faith traditions are also available upon request.

If you wish to see a Catholic priest or Chaplain from your own faith group, or if you have any specific religious need, please call 07 **3326 3453** and share your request.

Chapel

The chapel is a calm and quiet space located on Ground Floor. We invite you to use the space for prayer and reflection. Catholic Mass is celebrated in the chapel Tuesday and Sunday morning at **11.00am**. All are welcome to attend. Alternatively, you may tune in to channel **104** on your television for a live stream of the service.

Volunteer services

Our Hospital volunteer service has volunteers who work Monday – Friday supporting our spiritual care service through visitation for long stay patients, hand massage, refreshing flowers and delivering books and magazines. They also prepare emergency toiletry packs, fiddle blankets and maze runs.

Arts Program

Our Hospital arts program provides patients, visitors and staff with encounters with the arts that enhance the environment and support their spiritual, emotional and physical health and wellbeing. These encounters seek to motivate, inspire, orientate and provide diversion, capitalising on the unique capacity of the arts to deeply impact the human experience.